



## Code of Conduct: Parent 2025

By signing up your athlete for First Down Club Flag Football, you agree to follow this code of conduct. Failure to abide by this code can lead to penalties for the player and team, including disqualification. Parents who do not follow this code may be expelled from the field.

### As a Parent, I Pledge to:

1. **Be a Positive Role Model:** Show good sportsmanship and support for all players, coaches, and officials.
2. **Teach Respect:** Encourage my child to treat others with respect, even when things don't go their way.
3. **Promote Fair Play:** Teach my child to play by the rules and resolve conflicts peacefully.
4. **Support Effort:** Praise my child for their effort, not just the outcome.
5. **Respect Coaches & Officials:** Appreciate the coaches' and officials' time and effort, and not interfere with practices or games.
6. **Be Punctual:** Ensure my child arrives on time for practices and games, and notify coaches of any absences.
7. **Communicate Concerns:** Address any concerns with the Head Coach or FDC Board promptly.
8. **Stay Off the Field:** Remain in designated areas during games and avoid entering the playing field.
9. **Volunteer:** Help out with team activities when possible.

### Sportsmanship and Conduct:

- **No Unsportsmanlike Behavior:** Acts like tackling, elbowing, or offensive language will not be tolerated.
- **Respect Officials:** Follow the officials' decisions without argument.
- **Avoid Rough Play:** Teach my child to avoid reckless or intentional contact.

### Consequences for Violations:

- **Penalties:** Unsportsmanlike conduct can result in penalties for the player of the parents and the parents themselves including ejection from the game, and further discipline.

**Our Commitment:** The FDC is dedicated to providing a safe and positive environment for everyone. If you feel there is a situation where this is not happening, please bring it to the attention of an FDC Board member